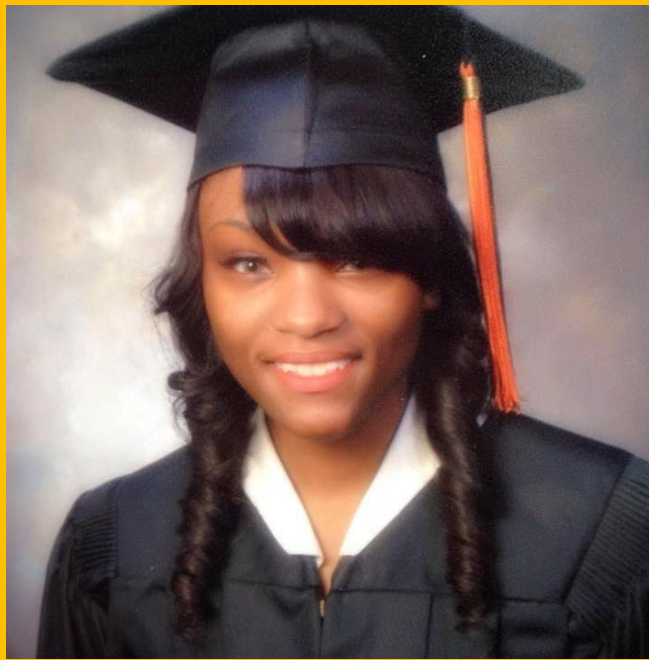


“I want to thank Coach Simmons, Mrs. Hazel and Y-MOT for being a part of my life. Because of them, I have a relationship with God and an opportunity to better my life. Without them, I’d probably be in the streets, in jail or dead.



“Tre” – College



“Krissy” – College

September 2015  
Issue 5. Vol. 8



P.O. BOX 901373  
MEMPHIS, TN  
38190

Min. Patrick Simmons  
Executive Director

[www.y-mot.org](http://www.y-mot.org)

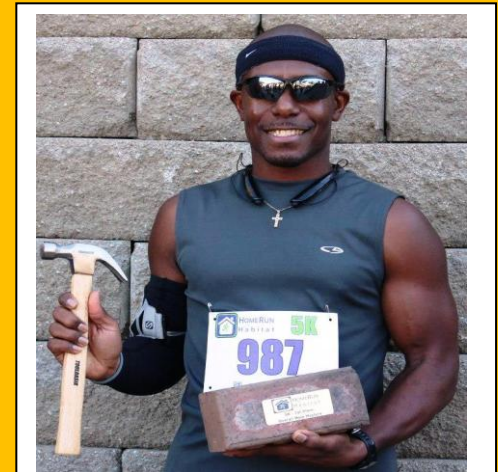
Y-MOT, INC. is a 501(c)(3) outreach ministry that exists to empower urban youth and their families spiritually, mentally and physically by promoting and developing overall health and wellness. Y-MOT, INC. targets youth ages 6-16 years old that are living in under-resourced communities.



“Rodrick” – Student Athlete



“Willie” – Air Force Sergeant



Min. Patrick – Runner / Fitness Coach

As a kid, I grew up in the same community that Y-MOT, INC. now serves. My life was surrounded by failing schools, gang and drug activity, crime and high school drop-outs. The path most of my friends and classmates took led them through gangs, jail or an early grave. Yes, I made mistakes, but God’s grace shielded me from making a lot of the bad decisions that would have taken me down some of those same paths. Fast forward to 2015 and things have progressively gotten a lot worse in the neighborhood and youth are faced with a plethora of negative temptations. We’re thankful that God has used our ministry to make a difference in the lives of so many at-risk youth. So many times we focus on the negative, let’s take a moment to celebrate positive “Over Comers” that represent so many others who are also beating the odds. These young people attended various camps, sports activities and Discipleship / Leadership classes with Y-MOT, INC. We met Willie when he was in the 5<sup>th</sup> Grade. His best memory is riding on a plane for the first time to go on a camping trip with us. Today, he is a great husband and father who is serving in the Air Force where he was just promoted to Sergeant. We met Tre and Krissy when they were in the 6<sup>th</sup> grade. They overcame many obstacles to graduate high school and are now both attending college. Our ministry also extends to our family where my wife, son and I are benefitting greatly from Y-MOT’s “Get Fit – Stay Fit” Program. Hazel overcame her dislike for running and she’s now running up to 20 miles a month. Rodrick overcame a childhood diagnosis for having a heart murmur and now he’s playing soccer for his middle school and running Cross Country for the High School. I’ve been blessed to overcome several severe injuries that made it look like I’d never run again, but God healed my body and now I’m running over 60 miles a month. We can’t help every kid we meet, but join us in celebrating the “Over Comers” who are beating the odds to become productive members of society. God Bless!